

# Langho Football Club

## Match Day Procedures – Rydings 3G Pitch

The guidelines prepared for matches at the Rydings 3G pitch follow the Covid-19 Risk Assessment guidance prepared separately by the club.

At all times if any individual either playing, coaching, officiating or spectating at a game played at the Rydings becomes unwell with a new continuous cough or a high temperature, or loss of taste or smell they must be sent home immediately and advised to follow current government guidelines on self-isolating.

### Match Set Up:-

- 1) Home managers will arrange the setup of the 3G pitch.
- 2) 12ft x 6ft goals will be used for all matches played on the 3G pitch and these will be set on the white touch line.  
**Note** - The fixed 16Ft x 7ft goals must not be used for matches.
- 3) No corner flags will be used on the 3G pitch.
- 4) Only players, managers / coach (maximum TWO) and substitutes will be allowed through the gate into the pitch.
- 5) Home manager / coach (maximum TWO) and substitutes will stand on the far side of the pitch, around the half way line off the touchline and against the fence.
- 6) Away manager / coach (maximum TWO) and substitutes will stand on the near (gate) side of the pitch, around the half way line off the touchline and against the fence.
- 7) All parents will stand outside the 3G pitch at a sensible distance (5 feet) from the fence to watch the game. Parents must socially distance under Covid-19 rules and stand at safe distance from each other in groups on no more than six individuals, with a 2 metre gap between groups.
- 8) No spectators may stand directly behind either goal during the game. Given the access constraints of the 3G pitch, and the area of ground it is situated within, spectators may use the area to the left of the path to spectate from but must not encroach up to the fence.

### Arrival:-

- 1) Parents should park responsibly within the club or neighbouring “Sanctuary of Healing” car park, ensuring they allow fellow motorists room to park and leave safely.
- 2) Home parents are requested to follow club guidance and park only in the top area of the neighbouring “Sanctuary of Healing” car park, leaving the club car park available for those visiting the club.
- 3) Away parents may also park in the top area of the “Sanctuary of Healing” car park only. The club has permission to use this area only as a relief car park. Vehicles parked elsewhere in the bottom two areas of the car park will be asked to move and park within the guidelines mentioned above.
- 4) Your manager will provide you with the time you are asked to arrive at the 3G pitch and typically this will be no earlier than 5 - 10 minutes prior to the kick off time of your game.
- 5) Given the constraints of playing on the 3G pitch, a strict timeline for arrival and departure must be followed to ensure there is no congestion between games, and the safe arrival / departure of everyone to and from the pitch.

**Note** - Anyone arriving unduly early for a game will be asked to wait in their vehicle until the home team manager gives clearance for the match day procedures to commence.

**Managers – Prior to your game there will be no separate areas for you to hold pre-match warm up sessions. For those teams playing on the 3G pitch, the clubs grass pitches whether in use or not are strictly out of bounds. Please respect that and don't assume you can use the grass to warm up.**

- 6) Players should come to matches ready changed in match kit, with appropriate footwear, shin pads, drink and individual hand sanitiser.
- 7) Shoelaces must be tied properly and where appropriate checked / tied by an adult. Your manager / coach / fellow player cannot tie these for you during the warm-up / game.
- 8) Hand sanitiser for spectators will be available from the clubs hand sanitisation station by the entrance to the 3G pitch on request.
- 9) Access to the 3G pitch will be through one open gate only. You must not congregate around the gate at any time and players leaving the pitch must be allowed to leave safely before anyone is invited by the home manager to enter the 3G pitch.

#### **Prior to the Game:-**

- 1) The home team manager will sanitise the 12ft x 6ft goalposts once they are initially set up on the 3G pitch.
- 2) Each team manager will be responsible for ensuring sanitising the hands of all the players within their squad on arrival onto the pitch is carried out.
- 3) Two match balls will be provided by the home team and these will be sanitised prior to kicking off the match.
- 4) Players will warm up distancing themselves from each other.
- 5) Each manager will provide 50% of the referee's match fee in a sealed pre-prepared envelope and hand this to the referee prior to the game.

**Note** - Due to a shortage of match officials the league cannot guarantee each game has a referee. Where one isn't appointed for your game, the home team will arrange who will referee the game and the individual appointed will be required to referee the whole game.

#### **The Game:-**

- 1) Games will be split into 4 quarters whilst the Covid-19 pandemic continues.
- 2) At the break in each half, half time, and full time all players and coaches are required to sanitise their hands. Each team manager will administer this.
- 3) At half time, and full time (or once cleared away if no subsequent game) the goalposts must be sanitised.
- 4) There will be no respect handshake prior to the game, and no closing hand shake at full time. An agreed form of respect will be shown / used by both teams.
- 5) The referee is there only to officiate the game within the rules of association football. They are not responsible for ensuring Covid-19 rules and regulations as documented in the clubs risk assessment are adhered to.

**Note** – it is the Covid-19 Officer of the home team (see more below) who ensures this.

- 6) No Linespersons are required for matches on the 3G pitches.
- 7) The match ball must be sanitised before the match, at half time, at each of the hygiene breaks, and if handled by an outside participant.
- 8) Normal throw-ins will take place during the game. Balls leaving the pitch must be retrieved by the players only.

- 9) Spectators must not retrieve or handle the match ball if it leaves the arena. If handled by spectators the ball must be sanitised before play restarts.
- 10) Goalkeepers should wear their own goalkeeping gloves and sanitise these during the game.
- 11) Goal celebrations must be kept to a minimum level under Covid-19 rules.
- 12) Spectators are specifically asked to let their team managers / coaches take charge of the team and not shout across the pitch / issue instructions to players.

**Note** – Let the Coaches Coach, and the Players Play!

**First Aid:-**

- 1) A first aid kit bag will be available for use and along with the general items usually found within the first aid kit, additional PPE equipment has been included to ensure treatment can be administered safely.
- 2) For children requiring basic first aid treatment, the child's parent will be invited onto the 3G pitch to help administer that first aid.

**Specific Other Matters:-**

- 1) You must only travel to the game with members of your family. We ask the numbers spectating are kept to a minimum (preferably ONE adult and minimal siblings) during the Covid-19 period.
- 2) **Track and Trace recording will take place by each team manager, and these details will be kept by each club for a minimum period of 21 days,**
- 3) All changing rooms will remain closed and out of use.
- 4) Toilets will be open on request.
- 5) Any empty bottles / general waste should be taken away by yourselves. Be responsible and please don't leave your litter on the ground for someone else to collect.
- 6) Dogs are not permitted on / within the playing field grounds at the Rydings whilst training sessions or matches are being played.

At all times whilst attending matches at the Rydings your enjoyment of the game taking place and your safety whilst within the playing field grounds is of great importance to Langho FC.

The home manager of the game you are involved in will take the role of the COVID-19 Officer for Langho. If you have any concerns, or questions please make contact with them direct.

For further information / concerns / questions you may have please contact:-

- 1) Michael Cook – Langho FC Covid-19 officer, Michael Cook via
  - a) Mobile 07703 941388
  - b) Email RJreadhall@aol.com
- 2) Mick Ellison – Chairman Langho FC
  - a) Mobile 07876 590325.
  - b) Email email@langhofc.co.uk

Stay safe, show RESPECT to ALL and enjoy the game.

Langho Football Club